



# Outdoor adventure challenge

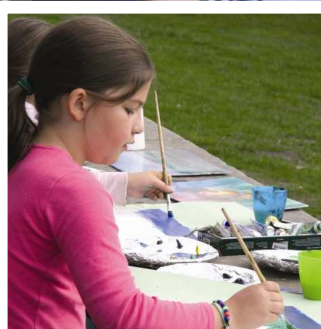
**YHA Castleton**

**Key Stage 2**

**P.E and Outdoor Activity**

**From £40.00**

**2 days (1 night) full board**



**Visit: [www.yhaschooltrips.org.uk](http://www.yhaschooltrips.org.uk) or phone 0800 0195 465**

# Outdoor adventure challenges for teams

## Package description

The children take on a variety of challenges to develop their team-working skills. Activities include swamp crossing, bridge building, the infamous spider's web and orienteering using the latest GPS satellite technology.

## Green Feet Award

All our programmes are designed in and around the centre locality and hence require no transport once you have arrived. If you wish to travel to us by public transport (for cost and environmental reasons) we can meet you and collect your bags at the station and you can walk in unencumbered. The children will receive a Green Feet Environmental Award certificate and earn a discount on future visits (Courtesy of the National Park SDF fund).

## Learning modules

- Introduction to challenges
- Crocodile swamp
- Photo-orienteering
- Games master challenges
- Longbow archery

## Price

From £40.00

Price includes:

- Full board accommodation
- Activities and materials
- 1 free leader place for every 10 paying participants
- Free planning visit

Available:

- YHA Group Membership on application

Please see the following pages for details of the learning modules available.

Information on activities, fun & games, services, (including financial support), and booking information can be found on the pages at the back of the booklet.

# Learning modules

Please select the options you wish to explore from the selection below.

## Module 1

### Introduction to the Challenges

The first session is an introduction to a few of the challenges and the challenge diary, the book in which each team records its challenges and how it deals with them. The teams' give out their own awards for best idea, the person who tried the best etc. for each challenge and are then encouraged to analyse how well they worked together.

## Module 2

### The Crocodile Swamp

In this activity the team must get all its members across the crocodile swamp without falling in, using only the planks and stepping stones provided. Can they do it? The solution requires all the children to work together.

## Module 3

### Photo-orienteeing

The children have to follow the photograph clues using their map and compass to find the end of the trail. As well as being fun it is an ideal first training in map and compass work.

## Module 4

### The Games master Challenges

The children face the Games master and his cunning challenges. How many of them can fit on the mattress? Can they escape the spider's web? Can they walk the plank safely or will they end up in the sea? The plate spinners, the water quiz, the acid river, and the maggot race... the challenges keep coming.

## Module 5

### Longbow Archery

The children learn to shoot a longbow on the hostel archery range. This activity is led by fully qualified instructors and is suitable for wheelchair users as well as able bodied children. The range is floodlit for evening use as well.

## **Your Programme**

The programme is aimed to develop the confidence and problem solving skills of the children. The activity leaders observe, commentate and intervene where appropriate to help the group develop strategies for solving the problems and strategies for getting the best out of the team members.

The emphasis is on valuing contributions from all group members and the activities are designed to make this an advantage in each of the team challenges. All the activities are fully risk assessed and are non hazardous.

## Useful information

### Fun & games

Use your evening to have fun and develop skills.

- The Gamesmaster Challenge - team challenge activities
- Gem Panning – a hunt for local gems and minerals
- Bingo – a full size bingo machine (and you get to wear the callers jacket!)
- Parachute Games – to test group co-ordination!
- ...and a variety of other group challenges and craft activities

### Explore

Make the most of your stay by exploring the local areas and maybe further a field. We can advise on all the best group visit sites locally. Please contact us directly for further information.

### Services

The following services are available:

- Sole occupancy of your building with your own group and leader room.
- Free planning visit for leaders
- Free leader places (1:8)
- Fully risk assessed activities and accommodation (all done for you)
- Alternative programmes for weather and other contingencies.
- All teaching materials supplied

### Facilities

The following facilities are available:

- Licensed Bar
- All tea/coffee and drinks breaks are included
- Disabled access in most buildings
- Games, TV/Video/DVD projectors etc.
- Drying facilities, loan waterproofs etc

### Meals

We are passionate about the meals we produce and that's why all our food is prepared using **fresh, seasonal ingredients, sourced locally** where available, prepared and cooked to order. We offer **flexible meal times** to fit in with your itinerary and with prior notice, we are happy to cater for any special dietary requests.

## Financial Support

YHA helps to fund places for disadvantaged children, so they can join their friends or classmates on a residential visit with YHA.

Our short application process makes applying for funding assistance easy. Applications are considered on the basis of the number of children in the group who are entitled to free school meals, or in a family that receives income support and/or housing benefit. Funding is subject to availability.

For more information or to download an application form visit [www.yha-breaks4kids.org.uk](http://www.yha-breaks4kids.org.uk) or call 01629 592 696.

## Booking Information

**To make a booking and for further information call:**

**0800 0195 465**

**or visit [www.yhaschooltrips.org.uk](http://www.yhaschooltrips.org.uk)**

## Centre Information

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