



Bringing the landscape to life

YHA Borrowdale

Key Stage 2
Cross curricular

From £75.00

3 days (2 nights) full board



Visit: www.yhaschooltrips.org.uk or phone 0800 0195 465

Bringing the landscape to Life

Package description

Three days of fun activities delivered by National Park Education Tutors. The children learn all about the Lake District landscape, the forces that created it, the people that make their living from it and the ways in which this beautiful and unique landscape is protected.

An optional extra day of outdoor adventure activities led by fully qualified and experienced instructors is available at extra cost

Learning modules

- Investigating Living Things and Environmental Games
- Borrowdale Discovery Walk
- Fun on the Farm
- River Study
- Outdoor Adventure Activity Day

Prices

Prices from £75.00

Price includes:

- Full board accommodation for 2 nights
- Three modules comprising of 1 x full day and 2 x half day learning modules delivered by National Park Education Tutors
- Free self-led fun activities at the centre
- 1 free leader place for every 10 paying participants
- Free planning visit

Also available:

- Optional Adventure Activity Day available at additional cost - please contact Centre Manager
- YHA Group Membership available on application

Please see the following pages for details of the learning modules available.

Information on activities, fun & games, services, (including financial support), and booking information can be found on the pages at the back of the booklet.

Learning modules

Please select the learning modules you wish to study from the choices below.

Module 1

Investigating Living Things and Environmental Games

Enjoy an afternoon of fun. Discover new and exciting ways of exploring the natural world through a series of sensory activities. Emphasis is put on having fun, understanding, and appreciating the environment through observation, discussion and co-operation with others. This hands-on afternoon encourages teamwork, participation and develop problem - solving skills in the natural environment. The module can also include orienteering, map work, shelter building, or a mini- beast safari.

Duration: Half day – Hostel grounds

Supplier: National Park Education Service

Module 2

Borrowdale Discovery Walk

After breakfast your tutor will meet you for the Borrowdale discovery walk. This four-mile walk through the spectacular Borrowdale Valley looks at the formation of the landscape by ice, and the influence of man on the environment through farming, mining and tourism. The children build a mini dry-stone wall, play at smugglers and hear strange tales of previous inhabitants.

Duration: Full day out in the Borrowdale Valley

Supplier: National Park Education Service

Module 3

Visit a Traditional Lakeland Farm

Visit a traditional Lake District farm and learn about the joys and hardships of this type of farming. The children will see the traditional farm buildings (which are owned by the National Trust) and will be able to talk to the farmer and the tutors about the realities of making a living in this harsh environment, and the diverse range of work in the farming year from lambing to dry-stone walling. They will get a chance to see the livestock and visit the shearing sheds

Duration: Half day

Supplier: National Trust

Module 4

River Study

We follow a river from its upland source and test predictions on how it will change as it flows downstream. Measurements and field sketches of river features aid the understanding of erosion, transport and deposition. There is ample opportunity for the children to explore the river and observe the creatures that live in the river.

Duration: Half Day

Supplier: National Park Education Service

Module 5

Outdoor Adventure Activity Day

This option of an additional fourth day of outdoor adventure activities is also available at additional cost. Please contact the Hostel Manager if you wish to include this option.

Fully accredited, qualified and experienced local instructors deliver all activities. Activities can include climbing, abseiling, ghyll scrambling, hill walking, kayaking, canoeing, raft building.

Duration: Full Day

Supplier: Adventure Experience, Summitreks, Key Network, Platty Plus

Useful information

Action!

Please contact the Centre Manager for further details of these fun, motivational activities.

- Climbing/abseiling
- Kayaking
- Ghyll Scrambling
- Borrowdale Valley Challenge

Fun & games

Use your evening to have fun and develop skills that can be transferred back into the school environment. For more information on costs etc, please contact the centre.

- Mattress Game
- Parachute Game
- Orienteering course
- Football, rounders and cricket
- Free disco or film night on large screen available for last night

Explore

Make the most of your stay by exploring the local areas and maybe further a field.

- Honister slate mine tour
- Derwentwater Launch
- Keswick swimming pool
- Cumberland Pencil Museum
- The Rheged Centre
- The Puzzle Place
- Maryport Aquarium
- Trotters Animal Farm
- Mire House and Dodd Wood Osprey Centre

Services

The following services are available:

- Free Leader Places
- Free Leader Support Pack
- Free Pre-inspection Visit
- Assistance with Risk Assessment

- Wet Weather Alternatives
- All day access to centre

Facilities

The following facilities are available:

- Classroom with TV/Video, Whiteboard, OHP, Data Projector
- Outdoor woodland classroom/storytelling area
- Safe grounds for ball games
- Wheel chair friendly with access to all public areas
- Hearing Loop, Braille/Tactile signage throughout the centre
- WiFi and Internet Access
- Comfortable lounge, dining room, excellent drying room

Meals

We are passionate about the meals we produce and that's why all our food is prepared using **fresh, seasonal ingredients, sourced locally** where available, prepared and cooked to order. We offer **flexible meal times** to fit in with your itinerary and with prior notice, we are happy to cater for any special dietary requests.

Financial support

YHA helps to fund places for disadvantaged children, so they can join their friends or classmates on a residential visit with YHA.

Our short application process makes applying for funding assistance easy. Applications are considered on the basis of the number of children in the group who are entitled to free school meals, or in a family that receives income support and/or housing benefit. Funding is subject to availability.

For more information or to download an application form visit www.yha-breaks4kids.org.uk or call 01629 592 696.

Booking information

To make a booking and for further information call:

0800 0195 465

or visit www.yhaschooltrips.org.uk

Centre Information

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